WEBINAR 3 : LIVING FROM THE HEART

I STAND AT THE CENTER AND IN MY CENTER

The HEART is the New Center or Point of Balance for the Human Being.

We are shifting our point of balance from the “lower” mental/emotional focus to the “higher” heart and soul focus.

Imagine that there are two overlapping circles. The higher circle is the Heaven and Spirit, and the lower circle is the Earth and Body. The overlapping point is the Heart, where the two meet and where Heaven and Earth become one within us.

Living in the New Reality is about learning how to live or focus in that center point.

Remember that the Heart is not just an organ that pumps blood. It is an ancient part of us and has its own intelligence and “brain”. It is that place where we connect with Feelings, Intuitions and from where we can run healing energy when we work with Reiki of Healing touch.

THE ENERGY ANATOMY OF THE BODY/LIGHT BODY/THE MERKABA

(The term Merkaba means the vehicle of Light ...Ka=lightbody and Ba=Soul. It surrounds the physical body).

8. SOUL STAR : This is the seat of the Soul and the place where the Akashic records are kept. It is like a radiant star above the head.

7. CROWN : This is the Spiritual center for the Earth incarnation. It is the Pineal Gland that receives the Cosmic Light from the crown Chakra and distributes it to the physical.

6. BROW : The Third Eye area. This is where information is processed...it is a Holographic Processor. The Left Brain processes Logic and the Right Brain intuition and psychic ability. Here it is the Pituitary Gland that send information to the body based on what is processed at this center.

This center has the ability to both Receive and Transmit Light/Coded information. In the future it will be this center that will enable the New Human to develop the ability to shift matter on the quantum or subatomic levels.

5.THROAT : It is here that the Soul is expressed through verbalization and Sound transmissions. It is also a reception point for connection with other souls.

Here the Thyroid regulates the flow of energy/passion in the body.

The 5D connection point is at the THYMUS, which is just above the Heart and below the Throat, at a point known as the HIGH HEART.

THE HEART

Cosmic and Universal Connection Point.

Seat of Feelings and Intuitions.

Unconditional Love, Compassion.

Bonding of Soul/Spirit/Physical in Union.

3. SOLAR PLEXUS : Center of the Mental Body and regulated by the Adrenals. The lower mind or ego is designed to serve the Higher self on the physical plane by “digesting” information and providing appropriate physical responses. If it is not aligned to the Higher Mind it feels alone and abandoned and it panics.

This sense of aloneness can be the source of anxiety and panic attacks.

2. SACRAL : The Center of the enotional/sexual energy. Here the Gonads and the reproductive energies are active. These energies can be immensely creative when aligned with the Heart and Higher Self, but when they are not they tend to create Dramas and Depressions.

1.BASE : Linked to the Earth Star as the GROUNDING area to Mother Earth. Here the sexual organs are externalized as well and allow the expression of physical connection and movement through time and space. When these centers are aligned with the Heart and Higher self, then there is a feeling of Peace and well being. When they are not, then there is also panic and anxiety and a feeling of being insecure and unwanted and unsafe.

The Earth Star and Base Chakras are the receiving points for the Earth Shekinah energy from the Earth mother, it is where we receive her support and nurturing.

When all these centers in the body are in alignment, and balanced with the Heart, then you will serve Higher Purpose/Earth Purpose.

When you are blended and aligned at the Heart, then you enter into the realm of “pure feeling”, what the Spanish call “pura vida”.....the pure life source that expresses a pure heart.

OUR CONNECTION TO EARTH:

Is expressed in connection to

1.Nature .....Elementals, devas, fairies....

2.Archetypal Animal energies/spirits

3. The Spirit in All Things

4. Life exists in All Dimensions not just this one : Multi Dimensional

OUR CONNECTION TO THE COSMOS:

Is expressed in connection to

1. In the Soul Star which is our personal “stargate”.
2. Through Solar, Galactic and Cosmic Stargates...fixed corridors such as at Giza and Tikal....annual gates such as 11/11 and solstices.....special occasion gates such as the ninth wave.
3. Star Beings connection/Celestial Family/Star Nations....Angelic Families, Ascended masters....celestials such as Sirians, Pleiadians, Andromedans and Arcturians.