WEBINAR : SESSION ONE :

I AM AWAKENED AND CONSCIOUS

By Celia Fenn working with Archangel Michael

These notes are a companion to the Recording of the session of February 19th 2011.02.20

WHAT DOES IT MEAN TO BE AWAKENED AND CONSCIOUS?

It means....

To be the observer and participant in your own life.

To be empowered and not in victim consciousness

To be a Conscious Creator of your own reality and to manifest Divine Essence

To make Conscious Choices and accept the results and consequences of these choice (instant karma)

To Choose to live in the New Reality/5th Dimensional New Earth of Oneness and Unconditional Love

To be a Conscious Participant in the “Great Shift” to the New Paradigm/5th Dimension with the Earth

THE OLD PARADIGM OF ENERGY THE NEW PARADIGM

Linear or Finite Time Infinite, cyclical time

Work Play/Create

Romantic/sexual relationships Heart/Soul/Spirit

Relationships

Money Economy Manifest/create

Effort and struggle Flow and Ease

Limitation adventure, empowerment

Greed/exploitation respect, sharing

Consumerism sharing resources

Control freedom

Aggression Peace

Fear Love

Mental/emotional focus Heart/spiritual focus

Duality and division Oneness and Unity

To know where you are grounding your energy, you can compare the two columns above and see where most of you is, in the old or the new. At this time of Transition we will tend to move between them. But, we can make a conscious decision to be in the New and to focus on the energies and qualities of the New Energy.

LIVING IN THE 3D/5D INTERFACE : BECOMING MULTI-DIMENSIONAL AND THE CHANGES IN YOUR BODY/LIGHT BODY

You are entering into a consciousness of what you truly are....A “Divine being of Light”....and into the perception of the 5th and higher dimensions as part of your daily life. You are learning to be and express Divine Light and Love in a Conscious way.

The Human Body is designed to be and become a perfect interdimensional vehicle of Matter/Light/Energy.

The LIGHT BODY or ENERGY BODY receives COSMIC WAVES or Pulsations of Energy from the Cosmic Heart of the Creator via the Galactic Great Sun, the Sirian Blue Sun, the Pleaidian Magenta Sun, and the Golden Sun of our Solar System.

As more people move from 3D to 5D, or awaken, there are physical reactions as the body comes “online”. The chakras move at an accelerated frequency and are recalibrated, the body is “rewired” via the nervous system, energy meridians open and fire in the Light Body, and all this creates an increased capacity to carry Light and Radiance. When the Cosmic Waves are received, there are “energy surges” in the Body/Light Body system. This Radiance is the manifestation of Divinity or the Christ Light/Crystalline Light.

When you are aligned with the Christ Light you will feel Balance. You will feel Peace, Calm, Radiance. Well-Being, Trust, Love, Acceptance, Grace and Miracles. You will feel Love and Gratitude.

However, if you are out of Balance with these energy surges, you will feel some of the following: insomnia, hyperactivity, exhaustion, bad dreams, anxiety attacks, depression, panic attacks, anger, aggression, irritability, crying, relationship stress, delusion.

The best way to deal with such symptoms is to set the intention to be balanced and grounded, and to ground yourself into the New Earth and the New Earth grids of Light.

ARCHANGEL MICHAEL’S FOUR STEPS TO MANIFESTATION

In the New Energy, manifestation is an immediate process that meets your needs and desires as they are expressed. Michael offers these simple four steps towards the skill of instant manifestation...well almost...very quick.....

1. Decide what you want or need...this is the Dream process...hold it in your mind and heart and INTEND that this will be created and received.
2. Visualize yourself receiving this....focus energy and desire and happiness and gratitude into the visualization.
3. Express Gratitude...it is done and gratitude encourages the Universe/higher self to deliver immediately. Spirit loves to do things at High Speed.
4. Be open to RECEIVING...say “I am open to receiving”.

Many people fall down at step 4. In our culture we often do not allow ourselves to receive, and what we have created and attracted might go right by us and be received by someone else who is more open to receiving. This does happen sometimes.....be strong, be grateful and receive! It is that easy.

ARCHANGEL MICHAEL’S 5 AFFIRMATIONS FOR A PEACEFUL HEART AND INNER PEACE

1. I am Connected to All That Is and I live in Oneness with All. (Unity)
2. All is in Divine Order and I Accept what Is. (Acceptance)
3. I know that I am Always Supported. (Trust)
4. I know that I am always Safe.(Trust)
5. Everything is as it should be in my life and if not I can change it. I am a part of the Great Flow of Life and Creativity. (Trust, Acceptance, Oneness)

Please have fun using these steps and affirmations as you step into the New You, the Perfect Template of Self, activated by the Solar Light Code Activations that were the gift of Archangel Michael in the two activations that were offered in the webinar and that are available on the recording.